

# OPEN MIND OPEN ART

**CAMPUS  
ACTIVITIES  
COMPLEX**

Mind  
+Hand  
+Heart  
Initiative

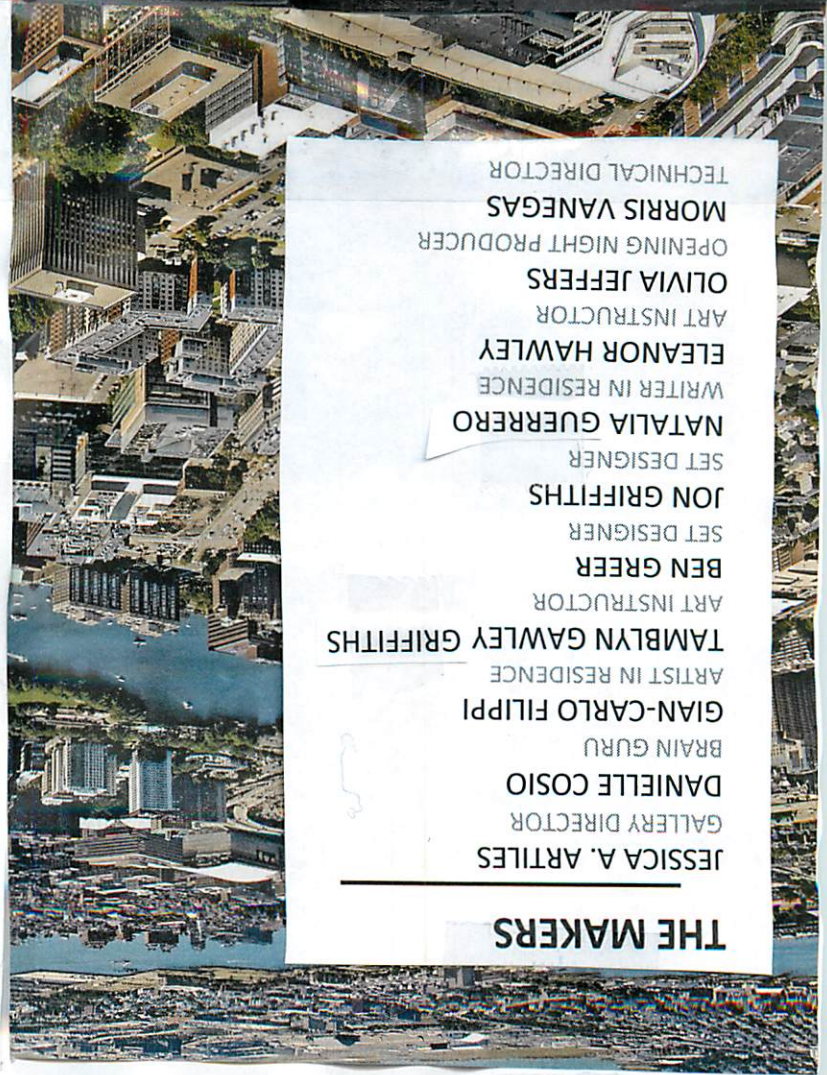
"Connecting the MIT Community"

[THEARTOFY.COM/CALENDAR](http://THEARTOFY.COM/CALENDAR)

#OPENMINDOPENART

Text  
Text

[THEARTOFY.COM](http://THEARTOFY.COM)



JESSICA A. ARTILES  
GALLERY DIRECTOR  
DANIELLE COSIO  
BRAIN GURU  
GIAN-CARLO FILIPPI  
ARTIST IN RESIDENCE  
TAMBLYN GAWLEY GRIFFITHS  
ART INSTRUCTOR  
BEN GREER  
SET DESIGNER  
JON GRIFFITHS  
SET DESIGNER  
NATALIA GUERRERO  
WRITER IN RESIDENCE  
ELEANOR HAWLEY  
ART INSTRUCTOR  
OLIVIA JEFFERS  
OPENING NIGHT PRODUCER  
MORRIS VANEGAS  
TECHNICAL DIRECTOR

## THE MAKERS



FEB

SUN

MON

TUE

WED

THU

FRI

SAT



19  
10AM  
TYPE BAR

20  
12:30PM  
BYOLunch  
8PM  
Unstructured  
CO-WORKING

21  
1:30AM  
Youtube  
Marathon

22  
8PM  
But really, WTF  
is meditation?

26  
8PM  
In that case,  
WTF is  
spirituality?

27  
12:30PM  
BYOLunch

28 MAR

1

23  
6:30PM  
OPENING  
NIGHT

24  
8PM  
Food, Fools, &  
Froyo

25  
8PM  
Micro Opera:  
Neversleep

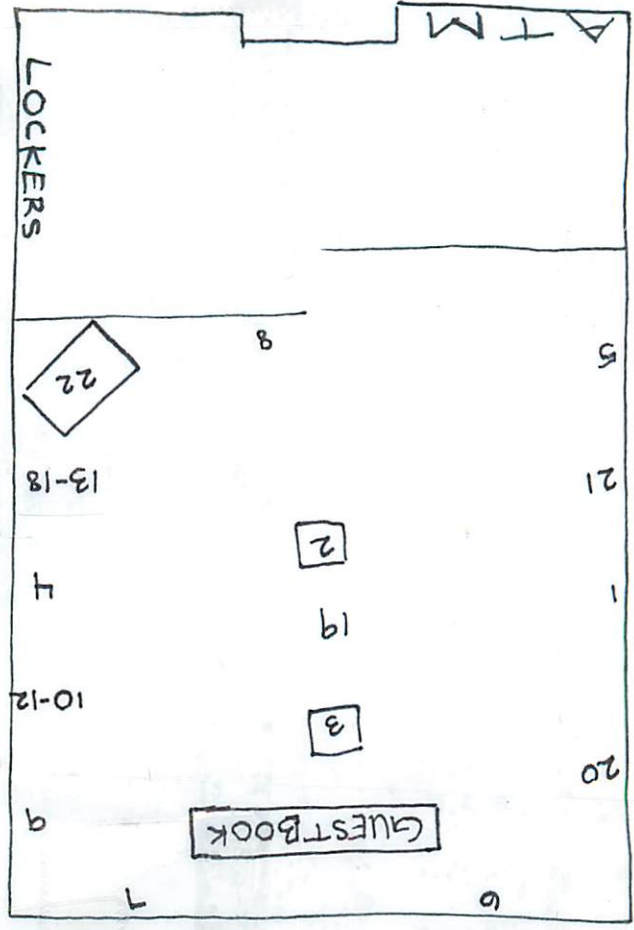
2  
9:30 PM  
Live Mural  
Painting  
8 PM  
CLOSING PARTY!  
Pizza, Conversation



SLICE H

### GALLERY GUIDE

1. BY ONESELF  
CHIPBOARD, GESSO, LATEX WALL PAINT, ACRYLIC
2. MENTAL CASTING JESSICA A. ARTILES  
CARDBOARD, GAUZE, ACRYLIC PAINT, PERMANENT MARKER
3. SUPPORT  
POLYMER CLAY AND ALUMINUM WIRE
4. EMOTIONET PETER DOWNS  
DIGITAL PHOTOGRAPHY, PROGRAMMING, WOOD
- 5-8. BODY DYSMORPHIA, UNKNOWN ABILITIES,  
DEPRESSION, SCHIZO GIAN-CARLO FILIPPI  
INK ON FOAM CORE
9. STITCHED TOGETHER ALLAN AND DANNY GELMAN  
FELT, STRING
- 10-12. NEWTON, VEGETATION, FRAME OHYON KWON  
OIL ON CANVAS
- 13-18 TRUST YOUR JOURNEY, EVERY MOMENT IS A GIFT,  
LEARN TO SELF-LEARN, CHANNEL 1, 2, 3 OHYON KWON  
ACRYLIC ON CANVAS
19. EARTHQUAKE JESSICA LIU  
PAPER, INK
20. PROGRESS LARKIN SAYRE  
PENCIL, PEN AND WATERCOLOR, ACRYLIC ON BOARD
21. ROBOTIC PAINTING TOOLS BENJAMIN TRITT  
INK AND ACRYLIC ON PAPER
22. EMPATHY KERNELS MORRIS VANEGAS  
WOOD, WHITEBOARD, PAPER, PYTHON AND ANDROID STUDIO  
PROGRAMMING



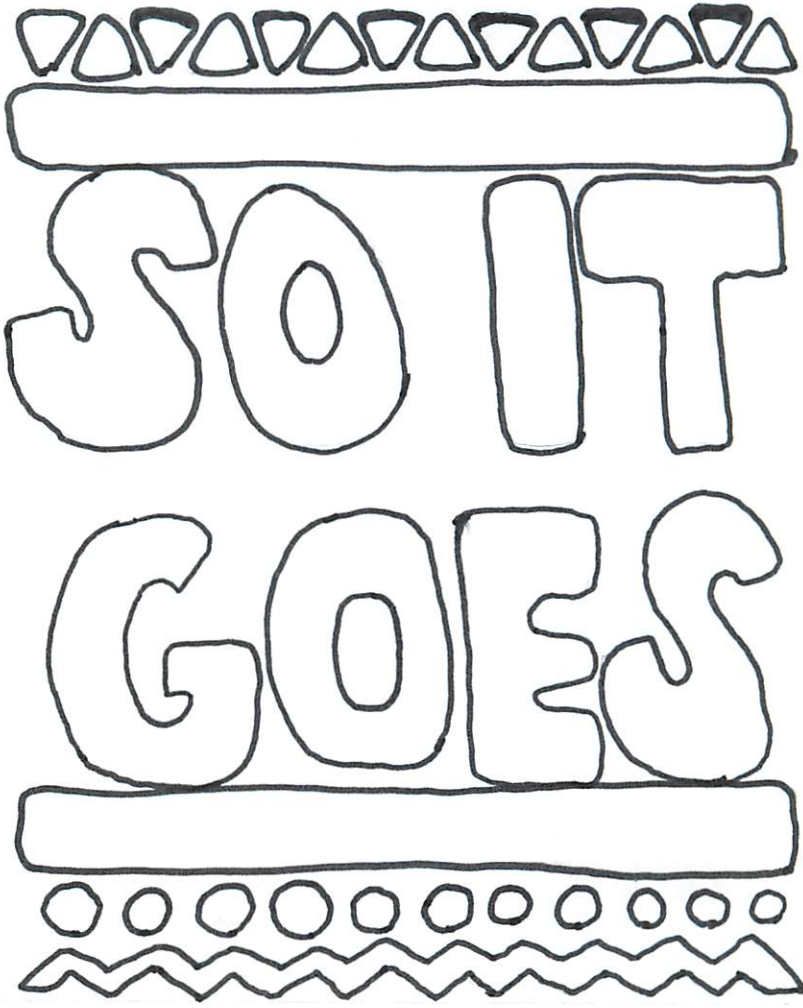


WHAT IS OPEN MIND: OPEN ART?

10 MIT ARTISTS WERE SELECTED TO SHARE THEIR THOUGHTS, FEELINGS & VISIONS THROUGH THEIR ART. WHAT FOLLOWED WAS AN EXPERIMENT IN THE PROVOCATION + WILLINGNESS TO SHARE THROUGH PUBLIC SPACES & AFFECT THE WORLD AROUND US. THE GALLERY IS OPEN FOR YOUR EXPLORATION & INTERACTION 2/16 - 3/2. BUT EVEN AFTER IT'S CLOSED, WE INVITE YOU TO KEEP ASKING: WHAT DOES THE FUTURE OF MENTAL HEALTH LOOK LIKE?

And what does it look like with MIT taking the lead?

WHAT IS THIS BOOK? Map diary Kindling CHECKPOINT DISTRACTION..



COLOR ME!

2 Things I like ABOUT MYSELF

guide



MIND

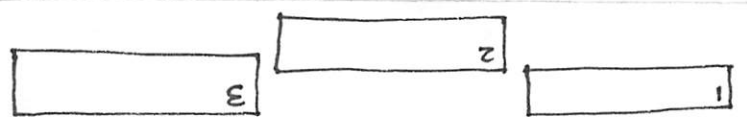
What I'm looking forward to tomorrow:

The Highlight of my day:

Something I wish I did better:

Something I did well today:

MY DAY IN REVIEW:



SLOWEST TIMES

"WORDS FOR THE WIND"

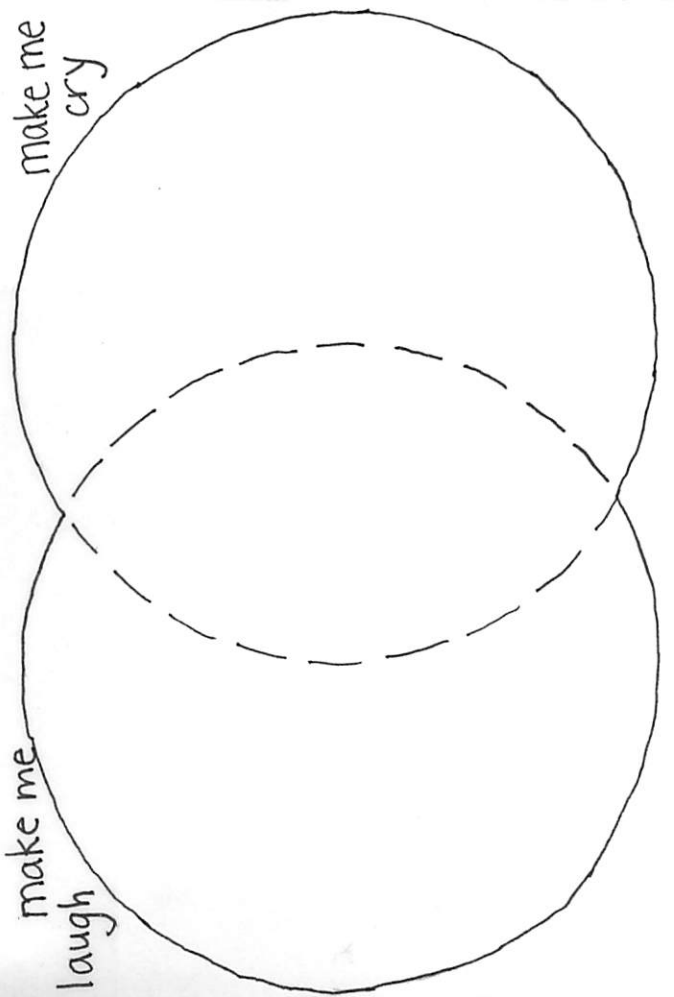
ROE THRE

rr I wake to sleep,  
and take my waking slow;  
I feel my fate in what  
I cannot fear.  
I learn by going where  
I have to go. 95 - THEODORE ROE THRE

AS SLOW AS YOU CAN:

READ

THINGS THAT...

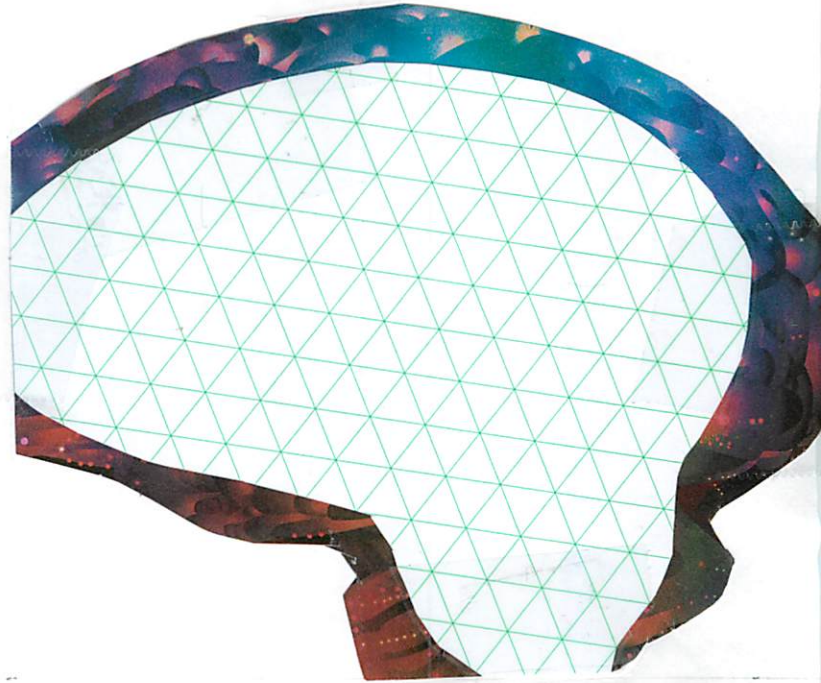




\*Wish List\*  
for the future of mental health

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WRITE DOWN A SECRET...  
...LEAVE THIS PAGE SOME-  
WHERE PUBLIC...



QUOTE

TO REMEMBER:

**GETTING OUT**  
of **BED**

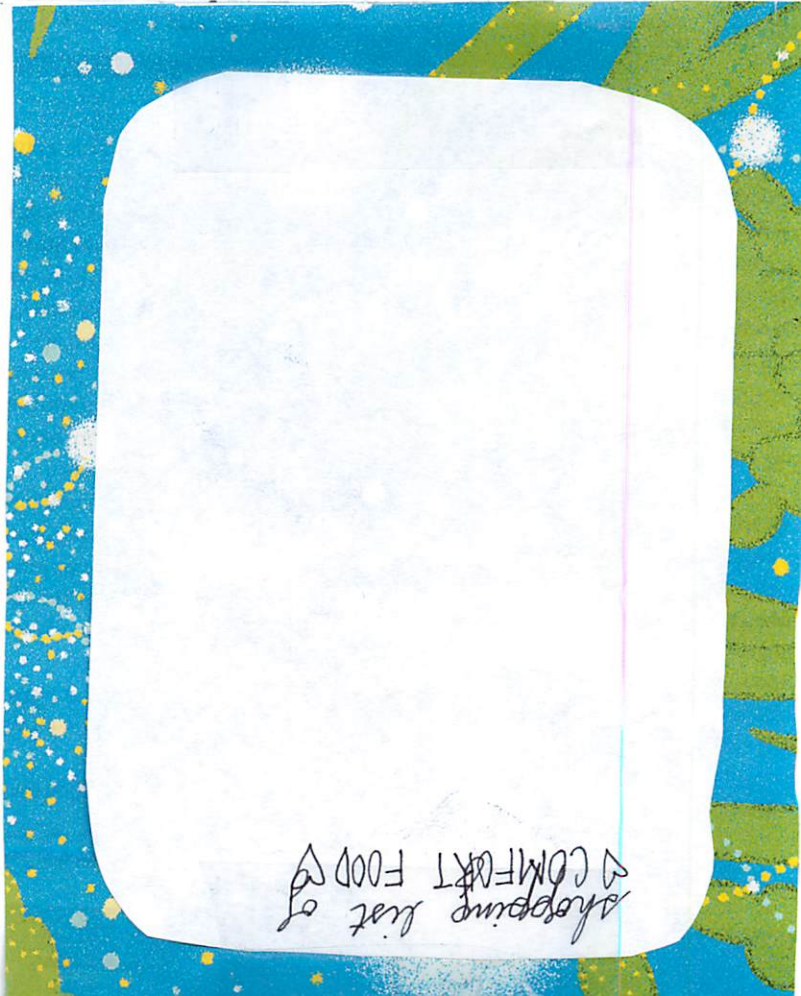
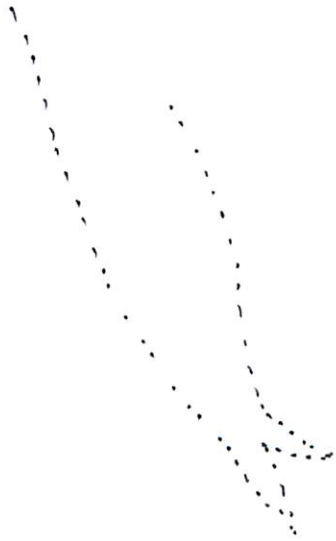
PROS

CONS

Things that make me happy:

Figure 1. My mental state.

Finish the drawing:

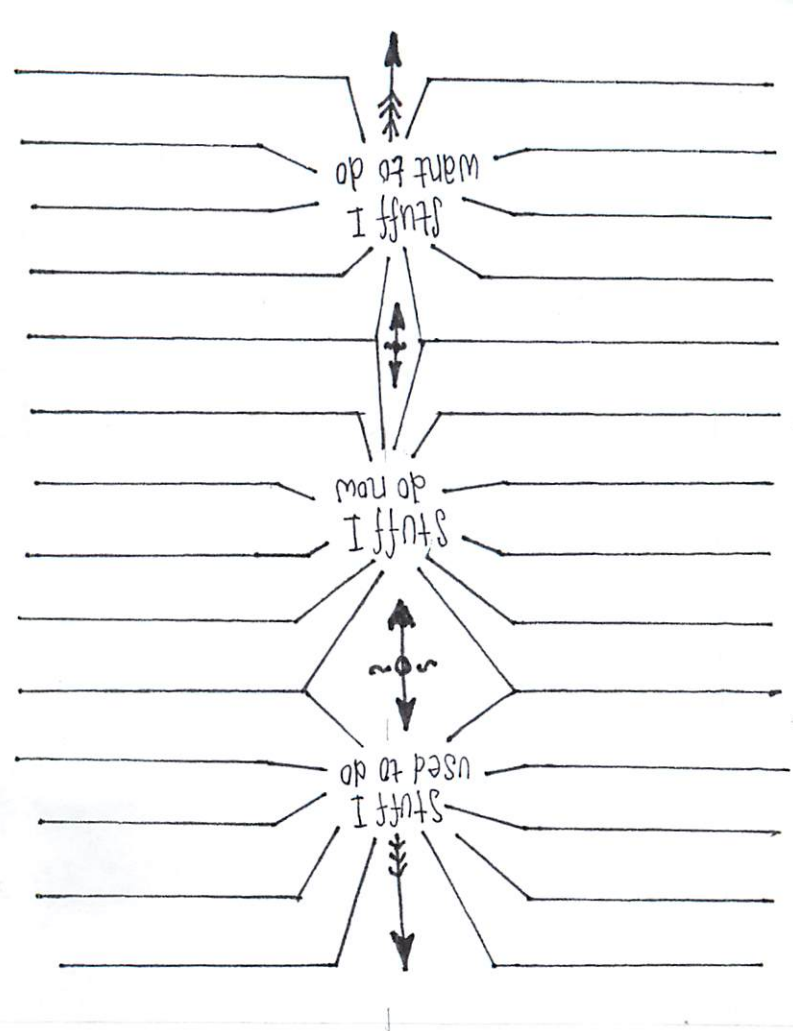
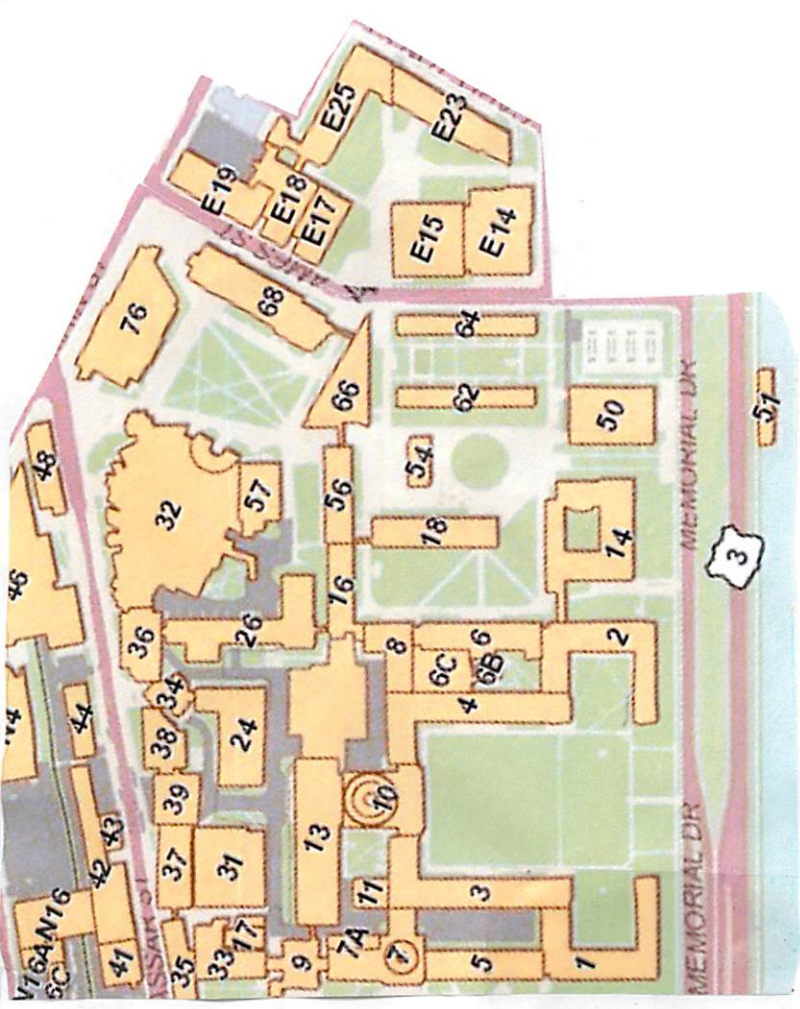


shopping list of  
COMFORT FOOD







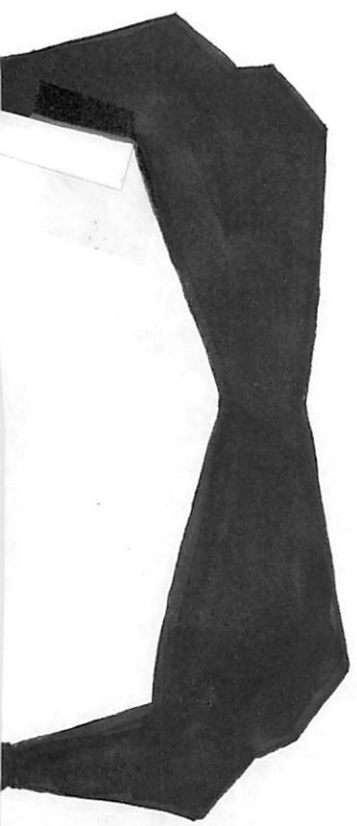


Mark the places you feel safe

(or the places you've laughed/cried/napped)

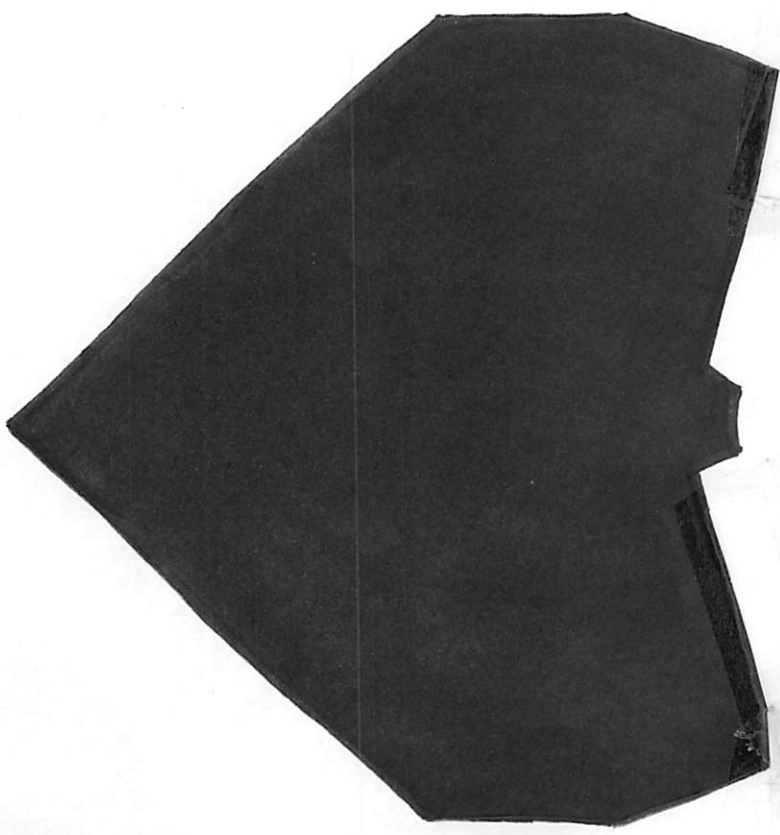






You are now Evil You.  
Cut & tape on your goatee.

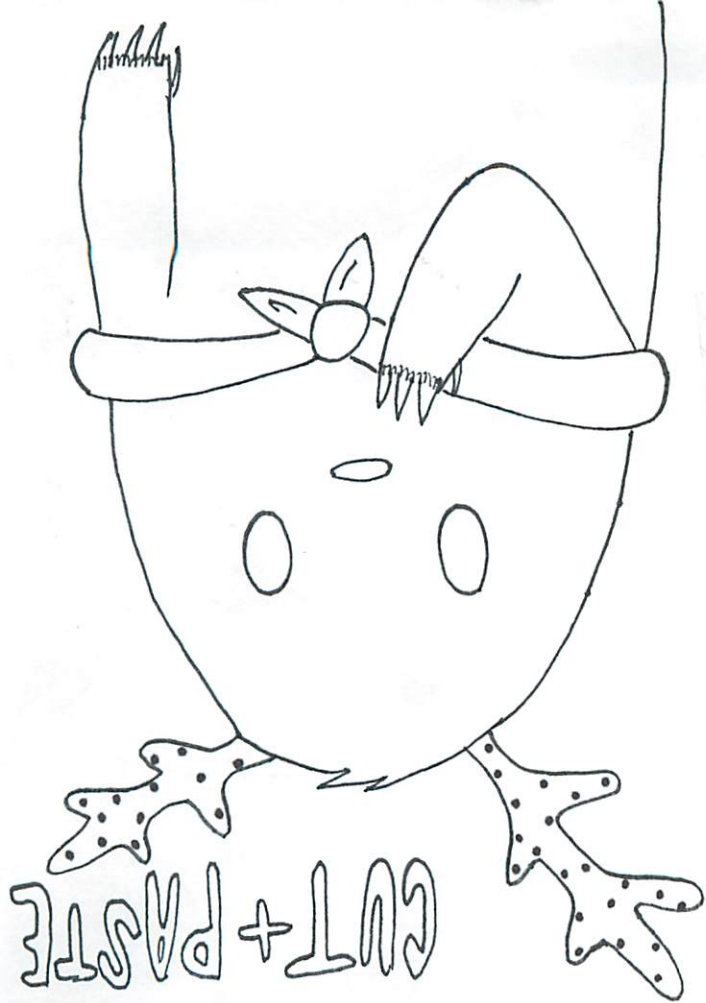
THERE IS  
NOTHING ON  
THIS PAGE...  
AND I MEANT  
TO DO THAT.  
YEAH.  
THAT'S WHAT I  
MEANT...



CUT + PASTE  
somewhere  
NOT ALLOW  
-ED.







MY EVIL MANIFESTO

OPEN IN  
CASE OF  
DARKNESS  
TIMELINE



SLICE HERE



WRITE A  
SENTENCE NO  
ONE'S EVER  
HEARD BEFORE:

↑ tear here ↑

↪ tear here ↩

You matter to me because:

Love,







CAPTION THIS BEAR

TEAR PIECES OFF THIS PAGE (for sharing contact info, resources, secret messages, making spitballs, skitching! Ads, etc...)

Tear on line & have a friend fill it out & return it to you.

- THINGS TO TRY
- ( ) Draw something
  - ( ) Read a thing not online
  - ( ) Make a sound
  - ( ) Cry to a good book/movie/song
  - ( ) Jump around
  - ( ) Take a shower
  - ( ) Talk to a friend or family
  - ( ) Smile. (fake if necessary)
  - ( ) Go to sleep
  - ( ) Just do today

Date:

Dear \_\_\_\_\_,

A large grid of red lines on a white background, intended for writing a letter or message to a friend.